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**YEAR AT A GLANCE- 2022**

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| MONTHS | PROGRAMS / ACTIVITIES |
| JANUARY | * Genesis 10th anniversary celebs on 15th – cultural performance * Knitting and distribution of lap blankets and scarves * Culinary art (Meal and Grocery Deliveries- funding dependent) * Computer Classes for Seniors (NHG) |
| FEBRUARY | * FOS 15th Anniversary * Letters of Love / Greeting cards for seniors * Computer classes for Seniors(NHG) |
| MARCH | * Navroz Cheer baskets- Devotional CDs * Spa Day for Seniors |
| APRIL | * Sewing of Masks * Digital Connections * Greeting cards for EID, Volunteers National Week * Vaisakhi (Punjab spring harvest festival) 14 April 2022 |
| MAY | * Mother’s Day (Grooming and self-care packages) * EID |
| JUNE | * Father’s Day (Grooming and self-care packages) * Indigenous Education * Multi-cultural Day celebration * Seniors Week (Seniors cultural festival) |
| JULY | * Community Clothing Event * Canada Day showcasing Canadian History * Devotional CDs |
| AUGUST | * Community Clothing Event * FOS AGM – Invite annual membership applications |
| SEPTEMBER | * Community Clothing Event |
| OCTOBER | * National Senior Day (Film) * Diwali (Hindu festival of lights) 24 October 2022 * Bandi Chhor Divas (Sikh celebration known as “The Celebration of Freedom) 24 October 2022 |
| NOVEMBER | * Guru Nanak Gurpurab (Sikh celebration, birthday of Guru Nanak)   8 Nov 2022   * Diwali sweets/ Cheer baskets * Remembrance Day |
| DECEMBER | * Khushyali – Imamat Day (Ismaili celebrating HH Aga Khan birthday) 13 December 2022 Cultural Treat hampers * Christmas Cheer baskets * Knitting and distribution of lap blankets and scarves |

**\*\* Programs subject to change as we adapt to COVID-19 Pandemic response**.