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**YEAR AT A GLANCE- 2022**

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| MONTHS | PROGRAMS / ACTIVITIES |
| JANUARY | * Genesis 10th anniversary celebs on 15th – cultural performance
* Knitting and distribution of lap blankets and scarves
* Culinary art (Meal and Grocery Deliveries- funding dependent)
* Computer Classes for Seniors (NHG)
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| FEBRUARY | * FOS 15th Anniversary
* Letters of Love / Greeting cards for seniors
* Computer classes for Seniors(NHG)
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| MARCH | * Navroz Cheer baskets- Devotional CDs
* Spa Day for Seniors
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| APRIL | * Sewing of Masks
* Digital Connections
* Greeting cards for EID, Volunteers National Week
* Vaisakhi (Punjab spring harvest festival) 14 April 2022
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| MAY | * Mother’s Day (Grooming and self-care packages)
* EID
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| JUNE | * Father’s Day (Grooming and self-care packages)
* Indigenous Education
* Multi-cultural Day celebration
* Seniors Week (Seniors cultural festival)
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| JULY | * Community Clothing Event
* Canada Day showcasing Canadian History
* Devotional CDs
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| AUGUST | * Community Clothing Event
* FOS AGM – Invite annual membership applications
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| SEPTEMBER | * Community Clothing Event
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| OCTOBER | * National Senior Day (Film)
* Diwali (Hindu festival of lights) 24 October 2022
* Bandi Chhor Divas (Sikh celebration known as “The Celebration of Freedom) 24 October 2022
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| NOVEMBER | * Guru Nanak Gurpurab (Sikh celebration, birthday of Guru Nanak)

8 Nov 2022* Diwali sweets/ Cheer baskets
* Remembrance Day
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| DECEMBER | * Khushyali – Imamat Day (Ismaili celebrating HH Aga Khan birthday) 13 December 2022 Cultural Treat hampers
* Christmas Cheer baskets
* Knitting and distribution of lap blankets and scarves
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**\*\* Programs subject to change as we adapt to COVID-19 Pandemic response**.